



**Anglican Parish of the Parks  
St Silas & St Anselm, Albert Park**

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**Tenth Sunday after Pentecost  
Holy Communion  
Sunday 1 August 2021**



*The bread of life* by Hermel Alejandre

**Today's service will be recorded for sharing on the internet with those who are unable to be with us today: at <http://video.parishoftheparks.com.au>.**

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**We acknowledge and pay our respects to the Boonwurrung people, the original owners of this land, and acknowledge the people and elders of the Eastern Kulin nation who have traditional connections with, and responsibility for, the land on which we meet.**



## From the Vicar

I include this letter from the Primate, the Most Rev Geoffrey Smith, as my reflection today. It is written in response to an action by GAFCON Australia\* last week announced by the Chair of its board, who is also a Diocesan bishop in the Anglican Church of Australia. It is a strong, courageous and faithful response from our Primate, showing the leadership we need in these times.

Love and blessings,  
Sophie.

*Please see over page.*





# Anglican Church of Australia

Primate: The Most Reverend Geoffrey Smith

Monday 26 July 2021

Dear Episcopal Colleagues,

If you've started preparation for next Sunday, you'll have noticed that the Epistle reading is from Ephesians 4.1-16, a significant passage on the unity of the church. John Stott in his commentary on Ephesians describes this as one of the two classic passages on Christian unity with the other being John 17. Ephesians 4 starts with these words: *I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.*

I note especially the call to make 'every effort to maintain the unity of the Spirit'. *Every effort* is a very strong statement and one which needs to be taken very seriously by us as disciples of Jesus and leaders in his church.

As I reflected on the Ephesians passage, and last Monday's statement by Gafcon Australia announcing the formation of a company, led by a small board including a retired bishop, which will be the basis of a so-called Diocese, I have to say, I was struck by what I see as a contradiction between the Ephesians passage and Gafcon's statement.

Following the publication of the Appellate Tribunal's opinion last year I called for restraint to enable clear air for discussion at the next meeting of the General Synod which will be our first opportunity to discuss the change to the Marriage Act and the opinion of the Appellate Tribunal. I am grateful that very significant restraint has been shown by people who might want to see movement toward the blessing of same sex couples, and also by those who are still seeking clarity in their position. In my view, unfortunately, the Gafcon board has not shown similar restraint as we wait for that opportunity for discussion and decision making, with Monday's announcement ramping up the tensions among us.

We need to be clear that the opinion of the Appellate Tribunal has not changed the doctrine of the Anglican Church of Australia. The Appellate Tribunal can't change the doctrine of anything. All the Appellate Tribunal can do in these matters is respond to questions concerning the Constitution of the Anglican Church of Australia and the Canons adopted by the General Synod. There is no legitimate claim that the Appellate Tribunal has changed in any way the doctrine of our church.

I am unaware of any bishops of our church who have been found to have departed from the doctrine of the church by any properly constituted tribunal or process. There is no fair or reasonable basis for any member of the Anglican Church of Australia to believe that a bishop of this church has departed from the doctrine of our church.

It is important to highlight that despite the forecasts, there has not been a flood of same sex blessings following the Appellate Tribunal opinion. Not a flood, not a trickle. Not a drip.

In other words, faithful, orthodox Anglicans can continue with confidence as members of the Anglican Church of Australia. To suggest or insinuate otherwise is to not speak the truth.

In many ways it doesn't matter what Gafcon does since it has no structural connection to the ACA. We could say, 'Gafcon can do what it wants to do, and we will get on with our work'. The difficulty I have with this apparently neat solution is that some leaders in the ACA are leaders in Gafcon and its board.

My expectation is that people who say they are committed to the Anglican church, and who have made oaths and promises upholding its constitution and canons and therefore its governance processes, would be committed to keeping it strong, united and effective. I have to say this is difficult to see in Gafcon's statement and proposed actions. It feels like the life of our church is being undermined from within. Rather than making 'every effort' to stay together, a way is being prepared for a quick exit. We haven't even had the conversation yet, and the Gafcon boat out of the Anglican Church of Australia is being readied for departure.

It might also be easy to say- 'if you don't like it leave'. But that's not the way I believe will glorify God, preserve our unity and above all enhance our missional effectiveness. This approach would be easy but would be to take the world's way of dealing with matters of difference.

As Christians and especially as leaders in Christ's church we are called to reflect God's enormous grace by which we are saved. We are called to *'lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace'*. This is hard work and requires love. Stott again, says, 'love is the final quality, which embraces the preceding four, and is the crown and sum of all virtues'. Rather than say, 'if you don't like it leave', I say, 'please, let's take the less easy path and by God's grace work on staying together', though I realise fully this will take *humility and gentleness, with patience, bearing with one another in love*.

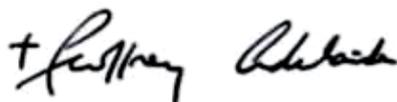
I understand that the presence at national bishops' meetings of some bishops who are supportive of Gafcon's actions might lead others to, from a conscience perspective, stay away from the meetings. My strong encouragement is for everyone to attend. All bishops in office

will be invited. As bishops in the church of God we have a corporate responsibility to lead the church which, in my view, is greater than the sensitivity of individual conscience.

One of the very powerful accounts in the Scriptures is the journey of the people of Israel from captivity in Egypt to the promised land. Throughout the journey the people were asked to trust in God who constantly demonstrated trustworthiness. But from time to time the people became afraid and let that fear rather than trust in God drive their actions. Each time that happened the outcome was not good or godly. My prayer is that as bishops in the church of God we won't give in to fear for the future of the church, or fear for outcomes of any future General Synod, but will trust in God whose church we serve and whose mission we share, always making every effort to maintain the unity of the Spirit in the bond of peace.

Please be assured of my prayers for you. Please keep praying for me.

Peace in Christ

A handwritten signature in black ink, appearing to read "Geoffrey Smith".

**The Most Reverend Geoffrey Smith**  
Archbishop of Adelaide and Primate of the Anglican Church of Australia

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Tel: +61 2 8267 2700 • Email: [primate@anglican.org.au](mailto:primate@anglican.org.au) • [www.anglican.org.au](http://www.anglican.org.au)

## **Reminder**

**If you are attending the service please observe these important Covid safe rules:**

- If you or your close contacts are symptomatic please self-exclude
- Masks must be worn indoors
- Please maintain social distancing where possible
- Use the hand sanitiser provided at the entrance to the church
- Please do not to shake hands

**Registering your attendance via QR code is now compulsory:**

We can no longer use paper recording for your attendance. If you are unable to use the QR code, please ask a welcomer or Covid officer to register your attendance on their phone.

**For future registrations:** if you need assistance with downloading the Service Victoria app, please ask a welcomer or the Covid officer after the service. The sign-in app pre-fills your details and is easy to use.

### **Communion**

Please sanitise your hands before and after receiving communion.

# Gathering in God's name

Music before the service *Gavotte* from Suite in D by JS Bach

*A bell is rung as a signal for all to stand*

**Hymn** TIS 398

1. Come down, O Love divine,  
seek now this soul of mine,  
and visit it with your own ardour glowing;  
O Comforter, draw near,  
within my heart appear  
and kindle it, your holy flame bestowing.
2. There let it freely burn,  
till earthly passions turn  
to dust and ashes, in its heat consuming;  
and let your glorious light  
shine ever on my sight  
and clothe me round, the while my path illuming.
3. Let holy charity  
my outer garment be,  
and lowliness become my inner clothing:  
true lowliness of heart,  
which takes the humbler part  
and for its own shortcomings weeps with loathing.

Bianco da Siena d.1434 *tr.* Richard Frederick Littledale 1833–90 *alt.*  
Music from the *English Hymnal* by permission Oxford University Press  
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Presider The Lord be with you.  
**All And also with you.**

*Let us pray*

**All**      **Almighty God, to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts by the inspiration of  
your Holy Spirit, that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

**Hymn**      TIS 773 *Please sing twice.*



Glory to God,    glory to God.    Glo—ry in the high—est!



Glory to God,    glory to God,    al- le-lu-ia,    al- le-lu-ia!

## **The Prayer of the Day**

**Presider**    Living God,  
whose Son Jesus fed the hungry  
with the bread of his life  
and the word of his kingdom:

**All**      **renew your people with your heavenly grace,  
and in all our weakness  
sustain us with your true and living bread,  
Jesus Christ our Lord;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.**

# The Sacred Story

## The First Reading:

Ephesians 4:1-16

4 I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup>There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is above all and through all and in all. <sup>7</sup>But each of us was given grace according to the measure of Christ's gift. <sup>8</sup>Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." <sup>9</sup>(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? <sup>10</sup>He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) <sup>11</sup>The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup>to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup>until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup>We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup>But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup>from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader For the word of the Lord,  
All **thanks be to God.**

Hymn *If you want* (Tune: TIS 497; *Picardy*)



1. If you want to enter my Kingdom –seek the place that I have shown!



For in hearts that think first of others God desires to make his home.



When you act in quiet service –this is where God’s grace will be known.

2. If you want to live in my Kingdom  
–spend yourselves as I have shown!  
For in hearts without calculation  
God is pleased to make his home.  
When you give your life for others  
–this is where God’s love will be known.
3. If you want to build my Kingdom  
–then be one as I have shown!  
For where hearts in love are united  
God delights to make his home.  
When you breach a wall that separates  
–this is where God’s joy will be known.

Pat Bennett. © Wild Goose Resource Group

## Gospel Acclamation

Presider The Lord be with you.

**All And also with you.**

Presider The Gospel of our Lord, according to John (John 6.24-35).

**All Glory to you, Lord Jesus Christ.**

<sup>24</sup> So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. <sup>25</sup> When they found him on the other side of the lake, they said to him, ‘Rabbi, when did you come here?’ <sup>26</sup> Jesus answered them, ‘Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup> Do not work for the food that

perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’<sup>28</sup> Then they said to him, ‘What must we do to perform the works of God?’<sup>29</sup> Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’<sup>30</sup> So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing?’<sup>31</sup> Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.”<sup>32</sup> Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven.’<sup>33</sup> For the bread of God is that which comes down from heaven and gives life to the world.’<sup>34</sup> They said to him, ‘Sir, give us this bread always.’<sup>35</sup> Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.’

Presider For the Gospel of our Lord,  
All **praise to you Lord Jesus Christ.**

*Please be seated*

## **The Sermon**

*The Consort will sing after the Sermon*

*Please stand*

## **Affirmation of Faith**

Presider Let us affirm as ours the faith of the Church (*APBA p 37*)

All **We believe in one God,  
who made and loves all that is.  
We believe in Jesus Christ,  
God’s only Son, our Lord,  
who was born, lived, died and rose again,  
and is coming to call all to account.  
We believe in the Holy Spirit,  
who calls, equips and sends out God’s people.  
and brings all things to their true end.**

Presider This is our faith, the faith of the Church:

**All We believe in one God,  
Father, Son and Holy Spirit. Amen.**

## **The Prayers of the People**

*Please sit or kneel*

*After each petition: Hear our prayer.*

*The prayers conclude with:*

Presider Almighty God, you have promised to hear our prayers.

**All Grant that what we have asked in faith  
we may by your grace receive  
through Jesus Christ our Lord. Amen.**

## **Confession and Absolution**

Sr Server God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

*Silence*

Sr Server Let us confess our sins in penitence and faith, confident in God's forgiveness.

**All Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

Presider Almighty God,  
who has promised forgiveness  
to all who turn to him in faith:  
pardon you and set you free from all your sins,  
strengthen you in all goodness and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

## The Greeting of Peace

*All stand for the Greeting of Peace.*

Presider We are the body of Christ.

All **His Spirit is with us.**

Presider The peace of the Lord be always with you.

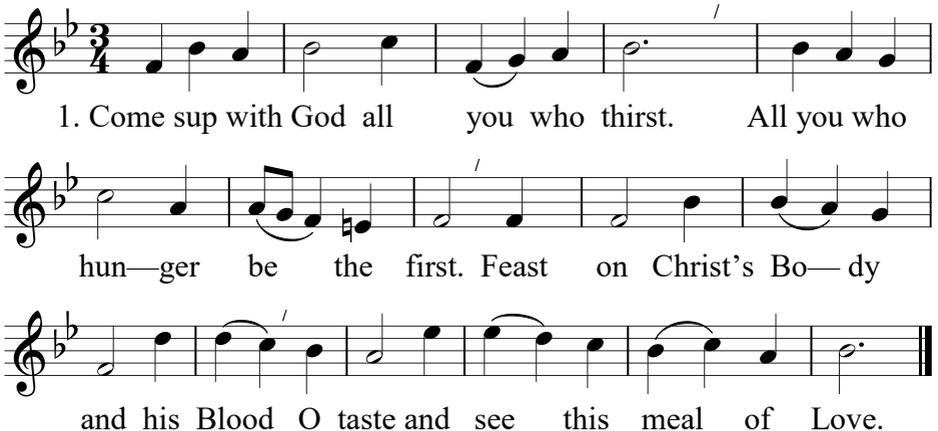
All **And also with you.**

## The Offertory

*Please make your offering via online giving.  
<http://offertory.parishoftheparks.com.au>  
or scan the Offertory QR code at right.*



**Offertory hymn** Come sup with me (Tune: TIS 245; *Fulda*)



1. Come sup with God all you who thirst. All you who  
hun—ger be the first. Feast on Christ's Bo—dy  
and his Blood O taste and see this meal of Love.

2. Come children, elders, blind, and spent  
Come foolish, able, indigent  
Confess, repent, and then receive  
Forgiveness flows abundantly
3. Come often, friend, for here is grace  
made manifest in time and place  
Christ's mercy floods our brokenness  
with healing balm and righteousness
4. Come to be changed. Come to be fed.  
Come savour Christ, the Life, the Bread.  
Drink deep the gift of healing poured  
and leave a vessel of our Lord.
5. Sing Praise to Christ our Host and meal  
whose saving work provides the seal  
for us once bound, now freed from death  
to live for Christ with every breath

© 2000 Lisa Ann Moss Degrenia

Presider Blessed are you, Lord, God of all creation  
through your goodness we have these gifts to share.  
Accept and use our offerings for your glory  
and for the service of your kingdom.

**All Blessed be God for ever.**

## The Great Thanksgiving

Presider The Lord be with you.

**All And also with you.**

Presider Lift up your hearts.

**All We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

**All It is right to give our thanks and praise.**

*The Presider continues the prayer*

... for ever praising you and saying:

**All**            **Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The Presider continues the prayer*

... Let us proclaim the mystery of faith.

**All**            **Christ has died,  
Christ is risen,  
Christ will come again.**

*The Presider continues the prayer*

...in never-ending praise:

**All**            **Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

Presider      As our Saviour Christ has taught us, we are  
confident to pray,

**All**            **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory,  
are yours now and for ever. Amen.**

## **The Breaking of the Bread and Communion**

Presider      We break this bread to share in the body of Christ.  
We who are many are one body,

**All**            **For we all share in the one bread.**

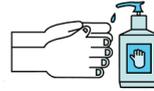
Presider The gifts of God, for the people of God.

## Communion Protocol

1. Please remove your mask.



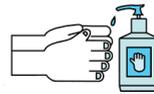
2. Sanitise hands at the pew.



3. Receive Communion and then put mask back on.



4. Sanitise hands back at the pew.



*The Consort will sing the music during Communion*

*The Presider leads the post Communion prayer, concluding with*

Presider Most loving God,

**All you send us into the world you love.**

**Give us grace to go thankfully and with courage  
in the power of your Spirit.**

## The Notices

**Hymn** TIS 569

1. Guide me, O thou great Redeemer,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand:  
bread of heaven, bread of heaven,  
feed me now and evermore,  
feed me now and evermore.

2. Open now the crystal fountain  
whence the living waters flow:  
let the fiery, cloudy pillar  
lead me all my journey through:  
strong deliverer, strong deliverer,  
be thou still my strength and shield,  
be thou still my strength and shield.
3. When I tread the verge of Jordan  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side:  
songs of praises, songs of praises  
I will ever give to thee,  
I will ever give to thee.

William Williams 1717–91 *tr.* Peter Williams 1722–96 and William Williams *alt.*  
Reproduced with permission

### **Blessing and dismissal**

Presider The peace of God which passes all understanding ...

Sr Server Go in peace, to love and serve the Lord.

**All In the name of Christ.**

Organ voluntary *How lovely are Thy Dwellings'* from *Requiem*  
by Johannes Brahms

## Parish Prayer List

Wendy, Marcus, Yeshi, Harry, Tim, Marie, Holly, Rosemary, Dianne, Helen, Richard, Louisa, Chloe and her partner, Ian, Dianne, Margaret, Lee

*We pray for the departed and those whose anniversaries occur at this time and especially:*

Fred Aspinall	1 August 1990
Ethel Winifred Comer	3 August 1983
Margaret Kinman Grey	4 August 2016
Paget Lauriston Eugene Grey	6 August 2018

*May they rest in peace and rise in glory.*

## Notices

### **Some wonderful news!**

Margaret Cross has found a new home at Emerald Hill.

### **The Upper Room has been postponed**

When we can cater for 30 people, we will reschedule this event.

Until then, we welcome you to read Gareth's bio and to [look at the Life Again website](#).

### **From the primate's letter on pages 4-7**

What is GAFCON Australia? Find out by going to:

<https://www.gafconaustralia.org/frequently-asked-questions-faq/>



## About Gareth and Life Again

Gareth Andrews is a former Geelong and Richmond footballer who appears to have led a fortunate life. He had a successful VFL/AFL playing career, worked in sports media and held leadership positions associated with the AFL. He is a joint founder of the AFL Players Association, and is a Trustee of both the Cats and the AFLPA.

Beyond football, he has had a happy and fulfilling marriage and family life, run a series of successful businesses, and travelled extensively around the world.

But like most men, there have been many challenges which have tested him. His marriage ended, he has suffered financially, been depressed and experienced extreme anxiety. He is living proof of Thoreau's famous quote that: "most men lead lives of quiet desperation" and in this he recognised he wasn't alone. He searched for more.

His search took him to interesting places: counselling, mediation, medication, massive amounts of reading, desert retreats, ashrams, mountain tops, homeless kitchens and new affairs of the heart.

In 2012, Gareth established Life Again, a registered not-for-profit charity that educates and helps men to change and lead more fulfilling and purposeful lives. Through writing, public speaking, taking men to the Outback and working with First Nation people, workshops and personally challenging men, he asks the powerful question, "Have you Done Your Best Work Yet?" The answers will surprise.

He is a story teller at heart and he is telling us his story.

## The Week Ahead

### *Tenth Sunday after Pentecost*

**Sun 1 Aug**      9:30am    Sung Eucharist  
                     4:30pm    Food parcel distribution  
                     5:00pm    Sunday Suppers

**Fri 6 Aug**                                      Sophie's day off

**Sat 7 Aug**                                      5:00pm    Faith and Fun @5

### *Eleventh Sunday after Pentecost*

**Sun 8 Aug**      9:30am    Sung Eucharist  
                     5:00pm    Sunday Suppers

# Faith & Fun @ Five!

is on next Saturday  
**7 August @5pm**

**A light supper is included**

**Any questions?**

**Please contact Sophie 0422 603 783**

<b>Rosters</b>	<b>1 August 2021</b>	<b>8 August 2021</b>
<b>Welcomers</b>	Judy B	Karen
<b>Reader</b>	Glenn	Sammy
<b>Servers</b>	Catherine, Cristian, Brian	Brian, Marcia
<b>Covid Officer</b>	Glenn	Glenn
<b>Emerald Hill pick up</b>	Jo/Glenn	Michael
<b>Flowers</b>	Sharon	Hume
<b>After church cleaning</b>	Brian / Isabel	Karen / Stuart
<b>Side person</b>		Sharon
<b>Morning tea</b>		
<b>Intercessions</b>	Isabel	Brian
<b>Sunday Suppers</b>	Gina, Jett, John O, Vero, Autumn, Kat, Shell & Liz, Declan	Andy, Cecilia & Declan

## **Readings for Sunday 8 August 2021**

2 Samuel 18:5-9, 18:14, 18:31-33

Ephesians 4:25– 5:2

John 6:35, 6:41-51

# ANGLICAN PARISH OF THE PARKS

St Silas and St Anselm, Albert Park  
99 Bridport Street, Albert Park 3206



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**vicar@parishoftheparks.com.au**

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**Vicar's Warden**  
Glenn Bowes      **gbowes@unimelb.edu.au**

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**People's Warden**  
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**brBTwa@protonmail.com**

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**People's Warden & Roster Coordinator**  
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**Treasurer**  
Ciprian Chiorean      0416 352 918  
**treasurer@parishoftheparks.com.au**

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**Secretary to the Parish Council**  
Michael Urwin      0437 452 006  
**msurwin88@gmail.com**

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**Director of Music**  
Stuart Connew      0418 814 843  
**sconnew@bigpond.net.au**

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**Parish Office Secretary**  
Tara Coburn      9696 5116  
**office@parishoftheparks.com.au**  
Mon, Tues, Thurs: 9:30am - 2:30pm

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**Child Safe Officer**  
Karen Connew      0439 600 135  
**childsafecofficer@parishoftheparks.com.au**

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**Concerts & Events**  
Lee Palmer      **lprwise@hotmail.com**

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**Sunday Suppers**  
Declan (volunteers)      **sundaysuppers@parishoftheparks.com.au**



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For sacraments, especially baptism and matrimony, pastoral care, counselling or confession, please contact Revd Sophie.

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