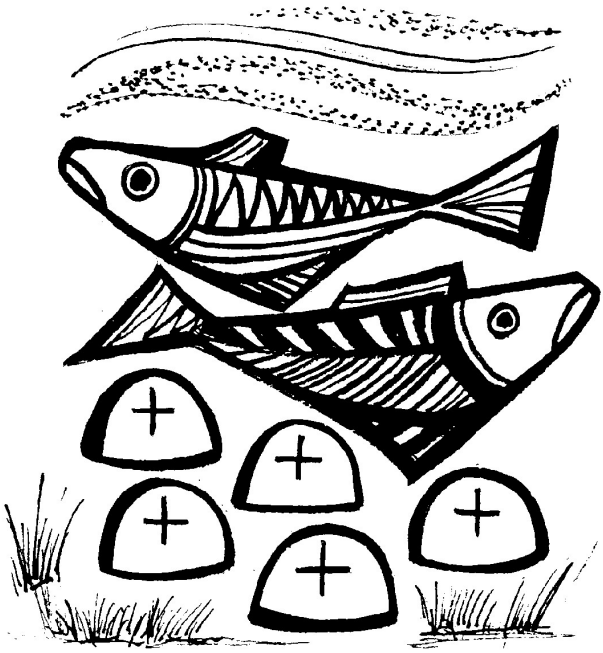
Anglican Parish of the Parks
St Silas & St Anselm, Albert Park

2 August 2026
Tenth Sunday after Pentecost

9:30am Sung Eucharist



Wominjeka – Welcome

A warm welcome to our worship today, especially if you are here for the first time or visiting from elsewhere. Please do stay to share refreshments at the end of the service. This booklet contains the full order of service: you are invited to join in the parts printed in bold type.

Today's service will be livestreamed at: http://video.parishoftheparks.com.au

We acknowledge and pay our respects to the Boonwurrung people, the original custodians of this land, and acknowledge the people and elders of the Eastern Kulin nation who have traditional connections with, and responsibility for, the land on which we meet.

WELCOME

to our worship today at the Parish of the Parks

This booklet contains the full order of service. You are invited to join in saying together the words printed in bold type, and to stand where indicated as you are able. Sometimes you may simply need to sit and be carried by the prayers of others – that too is part of our life as the church.

Children are always welcome to be fully part of our service. At the back on the left hand side of the church there is a children's activity area, but please also feel most welcome to sit near the front where children can more easily see what is happening. It's fine if they make a bit of noise, or if they want to roam around and explore this new place.

There is a bathroom and change table at the bottom of the stairs near the front door (opposite the lift).

When we come to share Holy Communion, everyone is welcome. Children who have been baptised are welcome to share the communion bread (and wine) at their parents' discretion. If you would prefer to receive a blessing, or if you need a gluten free wafer, please let the priest know when you come forward.

If you have any particular questions, needs, concerns, or prayer requests, you are welcome to speak with Rev'd Chris after the service or to be in touch using the contact details on the back page.

We would love to keep in touch with you! Each week the parish sends an email update looking ahead to the next Sunday. You are welcome to sign up on our website at www.parishoftheparks.com.au/subscribe

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The Anglican Diocese of Melbourne is committed to churches being places where everyone is safe, especially children and vulnerable people. All church workers and volunteers are required to complete training and relevant checks. If you wish to raise any concerns about misconduct, past or present, please contact the independent Professional Standards body, Kooyoora (1800 135 246; www.kooyoora.org.au).

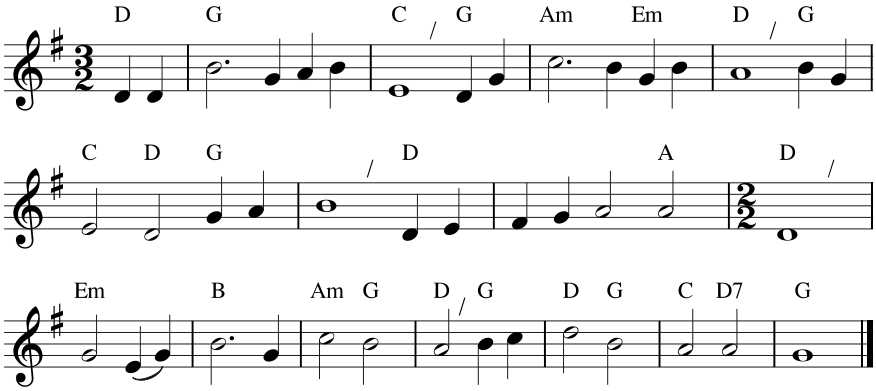
Prelude *Prelude in G minor BWV 558* (attrib. J.S. Bach)

Gathering in God's Name

A bell is rung as a signal for all to stand

Hymn

TiS 137



1. For the beauty of the earth,
   for the beauty of the skies,
   for the love which from our birth
   over and around us lies,
   Christ, our God, to you we raise
   this our sacrifice of praise.

2. For the beauty of each hour
   of the day and of the night,
   hill and vale, and tree and flower,
   sun and moon and stars of light,

3. For the joy of ear and eye,
   for the heart and mind's delight,
   for the mystic harmony
   linking sense to sound and sight,

4. For the joy of human love,
   brother, sister, parent, child,
   friends on earth and friends above,
   for all gentle thoughts and mild,

5. For each perfect gift divine
   to our race so freely given,
   graces all of your design,
   flowers of earth and buds of
   heaven,

6. For the church that evermore,
   lifting holy hands above,
   offers up on every shore
   the pure sacrifice of love,

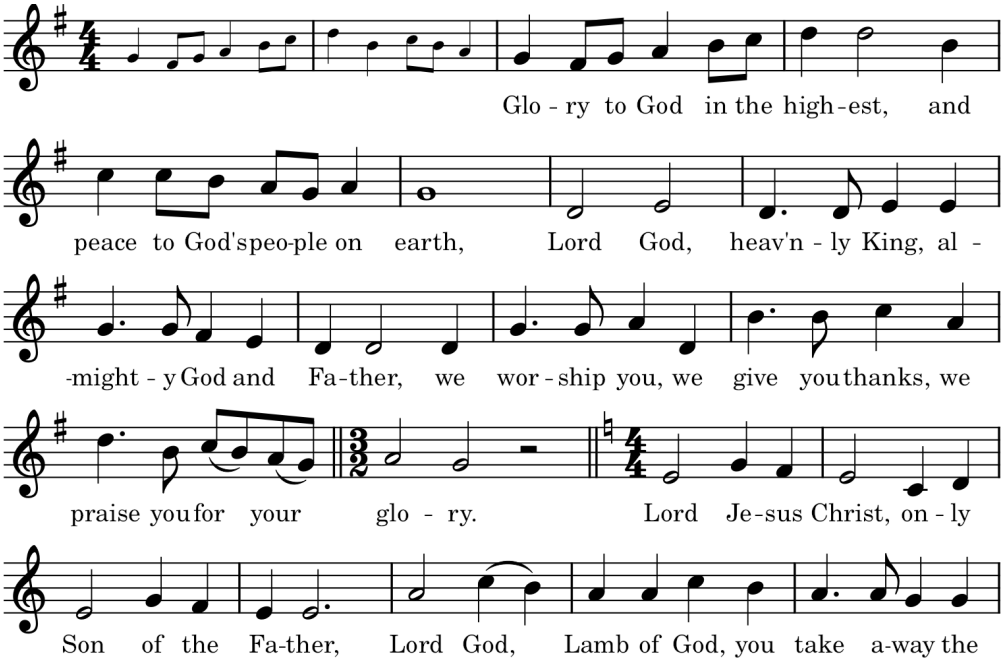
Folliott Sandford Pierpoint 1835–1917 *alt.*
Music from the *Revised Church Hymnary* 1927 by permission Oxford University Press
Reproduced with permission

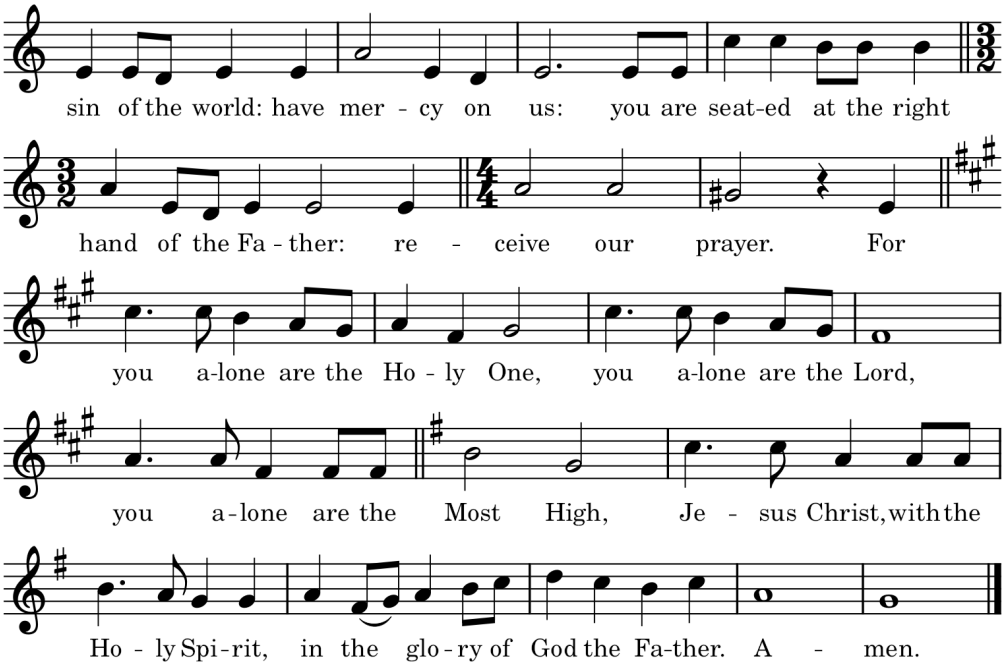
Presider Blessed be God: Father, Son and Holy Spirit.
All **Blessed be God's kingdom, now and for ever.**

The Lord be with you.
And also with you.

Let us pray.
All **Almighty God,**
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.

Gloria





Prayer of the Day

Presider Let us pray.

O God, giver of life and health,
whose Son Jesus Christ has called us
to hunger and thirst for justice:
refresh us with your grace,
that we may not be weary in well-doing,
for the sake of him who meets all our needs,
Jesus Christ our Saviour;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.

All **Amen.**

Opening the Scriptures

First Reading

A reading from the book Genesis.

22 The same night Jacob got up and took his two wives, his two maids, and
his eleven children, and crossed the ford of the Jabbok. 23 He took them and
sent them across the stream, and likewise everything that he had. 24 Jacob was
left alone; and a man wrestled with him until daybreak. 25 When the man saw
that he did not prevail against Jacob, he struck him on the hip socket; and
Jacob's hip was put out of joint as he wrestled with him. 26 Then he said, 'Let
me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless
you bless me.' 27 So he said to him, 'What is your name?' And he said, 'Jacob.'
28 Then the man said, 'You shall no longer be called Jacob, but Israel, for you
have striven with God and with humans, and have prevailed.' 29 Then Jacob
asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my
name?' And there he blessed him. 30 So Jacob called the place Peniel, saying,
'For I have seen God face to face, and yet my life is preserved.' 31 The sun rose
upon him as he passed Penuel, limping because of his hip.

(Genesis 32.22-31; NRSVA)

Reader Hear the word of the Lord.
All **Thanks be to God.**

Psalm

from Ps 17.1-7, 16

The response is sung first by the cantor and then by the congregation. Thereafter it is sung by the congregation as indicated.

Verses

1. Lord, hear a cause that is just,
   pay heed to my cry.
   Turn your ear to my prayer:
   no deceit is on my lips. *Response*

2. I kept my feet firmly in your paths,
   there was no faltering in my steps.
   I am here and I call;
   you will hear me, O God.
   Turn your ear to me; hear my words. *Response*

3. Guard me as the apple of your eye.
   Hide me in the shadow of your wings.
   As for me, in my justice I shall see your face
   and be filled, when I awake,
   with the sight of your glory. *Response*

Version by The Grail (1983)
Words by permission A. P. Watt, London Music © R. Bonighton
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Second Reading

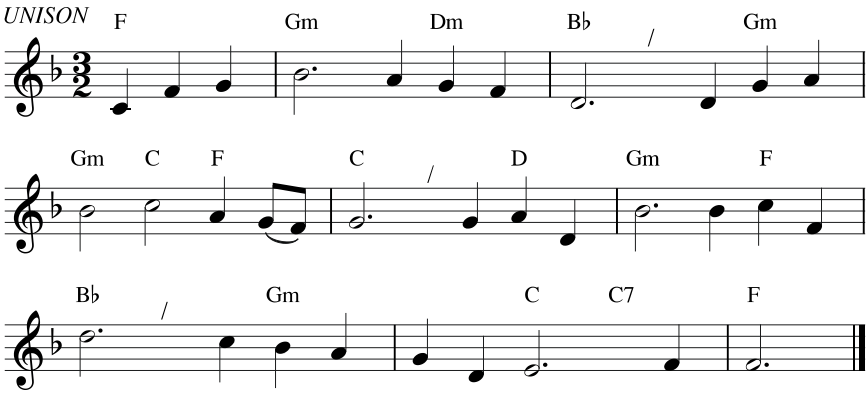
A reading from the letter to the Romans.

I am speaking the truth in Christ—I am not lying; my conscience confirms
it by the Holy Spirit— 2 I have great sorrow and unceasing anguish in my
heart. 3 For I could wish that I myself were accursed and cut off from Christ
for the sake of my own people, my kindred according to the flesh. 4 They are
Israelites, and to them belong the adoption, the glory, the covenants, the giving
of the law, the worship, and the promises; 5 to them belong the patriarchs, and
from them, according to the flesh, comes the Messiah, who is over all, God
blessed for ever. Amen.

6 It is not as though the word of God had failed. For not all Israelites truly
belong to Israel, 7 and not all of Abraham's children are his true descendants;
but 'It is through Isaac that descendants shall be named after you.' 8 This means
that it is not the children of the flesh who are the children of God, but the
children of the promise are counted as descendants.

(Romans 9.1-8; NRSVA)

Reader Hear the word of the Lord.
All **Thanks be to God.**



1. Faith will not grow from words alone,
   from proofs provided, scripture known;
   our faith must feel its way about,
   and live with question-marks and doubt.

2. The pattern Jesus showed, we share:
   life comes through death, hope through despair.
   God is made known in brokenness,
   and faith feeds on God's emptiness.

3. The church still tells how Jesus came
   through death to glorious life again —
   the strangest story! Yet, maybe,
   our faith will thrive on mystery.

4. Faith takes the little that we know,
   and calls for hope, and tells us: Go!
   Love and take courage, come what may;
   Christ will be with us on the way.

Elizabeth J. Smith 1956–
Words © E. J. Smith
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Please remain standing for:

The Gospel

The Lord be with you.

All **And also with you.**

The Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, Lord Jesus Christ.**

13 Now when Jesus heard this, he withdrew from there in a boat to a deserted
place by himself. But when the crowds heard it, they followed him on foot
from the towns. **14** When he went ashore, he saw a great crowd; and he had
compassion for them and cured their sick. **15** When it was evening, the disciples
came to him and said, 'This is a deserted place, and the hour is now late;
send the crowds away so that they may go into the villages and buy food for
themselves.' **16** Jesus said to them, 'They need not go away; you give them
something to eat.' **17** They replied, 'We have nothing here but five loaves and
two fish.' **18** And he said, 'Bring them here to me.' **19** Then he ordered the crowds
to sit down on the grass. Taking the five loaves and the two fish, he looked up to
heaven, and blessed and broke the loaves, and gave them to the disciples, and
the disciples gave them to the crowds. **20** And all ate and were filled; and they
took up what was left over of the broken pieces, twelve baskets full. **21** And
those who ate were about five thousand men, besides women and children.

(14.13-21; NRSVA)

For the Gospel of the Lord.

All **Praise to you, Lord Jesus Christ.**

Sermon

The Creed

Server Let us affirm as ours the faith of the Church:

All **We believe in one God,**
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Prayer and Penitence

The Prayers of the People

Presider Let us pray for all people,
and for the church throughout the world.

After each petition: **Hear our prayer.**

The prayers conclude:
Presider Almighty God, you have promised to hear our prayers.
All **Grant that what we have asked in faith**
we may by your grace receive
through Jesus Christ our Lord. Amen.

Confession and Absolution

Server 'Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

Let us confess our sins in penitence and faith,
confident in God's forgiveness.

All **Merciful God,**
our maker and our judge,
we have sinned against you in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.

Presider Almighty God,
who has promised forgiveness to all who turn to him in faith:
pardon you and set you free from all your sins,
strengthen you in all goodness and keep you in eternal life,
through Jesus Christ our Lord.

All **Amen.**

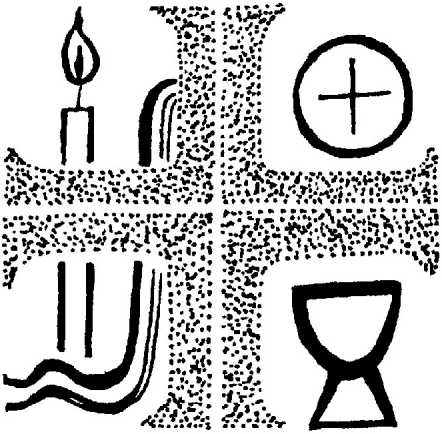
Celebrating at the Lord's table

The Greeting of Peace

Presider We are the body of Christ.
All **His Spirit is with us.**

The peace of the Lord be always with you.
All **And also with you.**

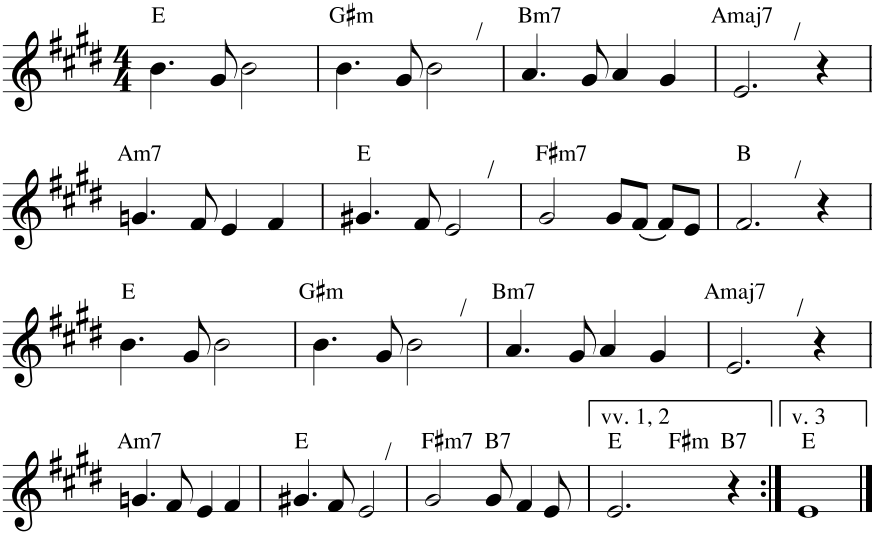
We share the peace in a way you are comfortable with.
This may include giving a sign from afar, shaking hands,
or similar acknowledgement.



At the conclusion of the following hymn our gifts are brought forward.
These contributions to the ministry of the parish can be made:

- *in the collection plate at the back of the church*
- *in the basket at the back of the church, for food items to be distributed through the Sunday Suppers program*
- *by online donation (please see page 23 for details)*

Thank you *for all these gifts to sustain the life and ministry of our parish.*



1. Feed us now, Bread of life,
in this holy meal;
let us know your love anew:
we hunger for you.
Feed us now, Bread of life,
come and live within;
let your peace be ours today,
Lord Jesus, we pray.

2. Piece of bread, cup of wine:
Lord, this food is good:
love and mercy come to us —
your promise we trust.
Piece of bread, cup of wine:
who can understand
how his mercy works in these?
Yet, Lord, we believe.

3. God is here, O so near,
nearer than our thoughts.
Stay with us where'er we go;
Lord, help us to grow.
God is here, O so near,
in this heaven's meal.
May we always feed on you —
on the bread that is true.

Robin Mann 1949–
Words and music © R. Mann
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Available from LicenSing & Word of Life

Prayer over the gifts

Presider Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

All **All things come from you,**
and of your own do we give you.

The Great Thanksgiving

Presider The Lord be with you.

All **And also with you.**

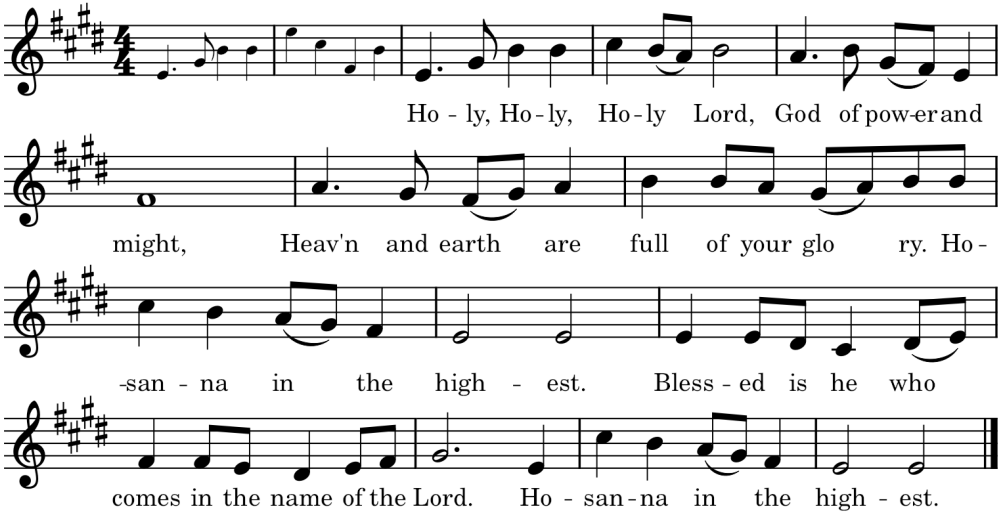
Presider Lift up your hearts.

All **We lift them to the Lord.**

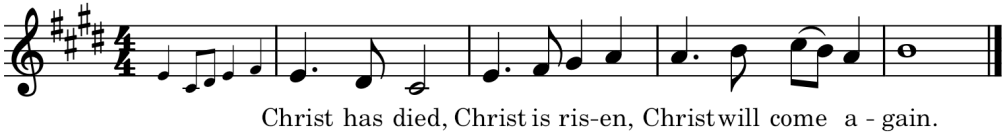
Presider Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

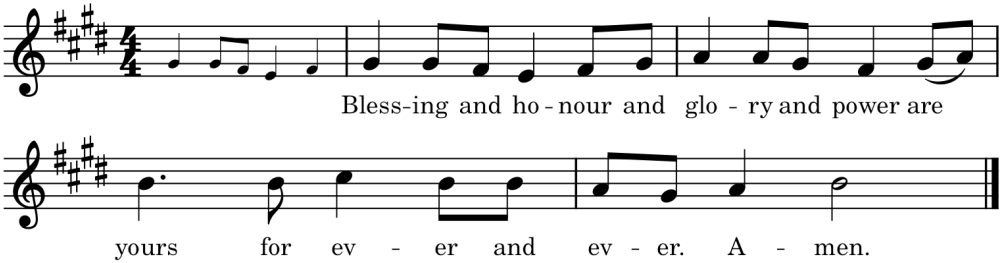
The presider prays on behalf of all, praising God for God's mighty acts. All respond:



The Last Supper is recalled, including Jesus' command to continue sharing bread and wine: in memory of him, and proclaiming his death and resurrection. All respond:



The prayer calls on God's blessing and looks to the fulfilling of all things within the goodness of God, and concludes:



The Lord's Prayer

Presider As our Saviour Christ has taught us, we are confident to pray,

All **Our Father in heaven,**
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.

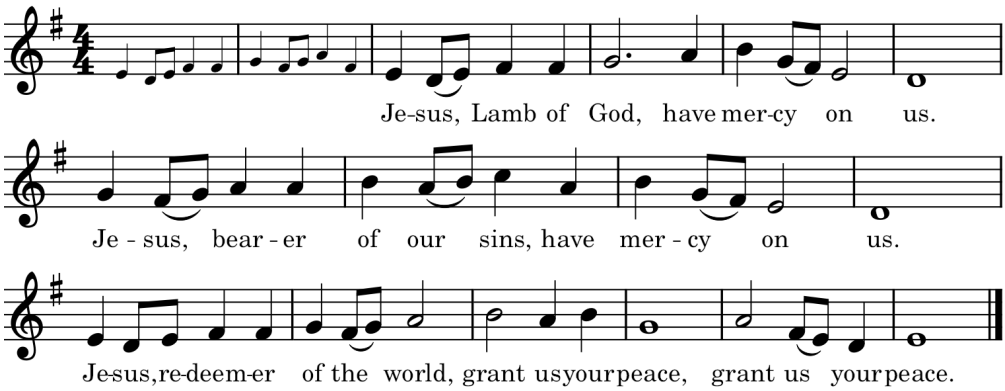
The Breaking of the Bread and the Communion

The priest breaks the bread and says

As this broken bread was once many grains,
which have been gathered together and made one bread:

All **so may your Church be gathered**
from the ends of the earth into your kingdom.

All sing



The gifts of God, for the people of God.
Draw near with faith,
to feed on Christ in your hearts with thanksgiving.

Everyone is welcome to come forward and share communion.
The wine is received either from a common cup (on the left side of the altar steps), or by the priest dipping the bread into the wine (on the right side).
Please tell the priest if you require a gluten free wafer,
or if you would prefer to receive a blessing.

Communion music *Tantum Ergo* (Charles-Marie Widor)

Let us, therefore, bow and worship such a wondrous Sacrament;
let the ancient law and custom to a newer rite now yield;
let our faith supply conviction where the senses tire and fail.
To the Father, unbegotten, and the Sole-begotten Son,
be salvation, blessing, honour, jubilation, pow'r, and praise;
to the One from both proceeding equal glory and renown. Amen.

Going into the world

Post-communion prayer

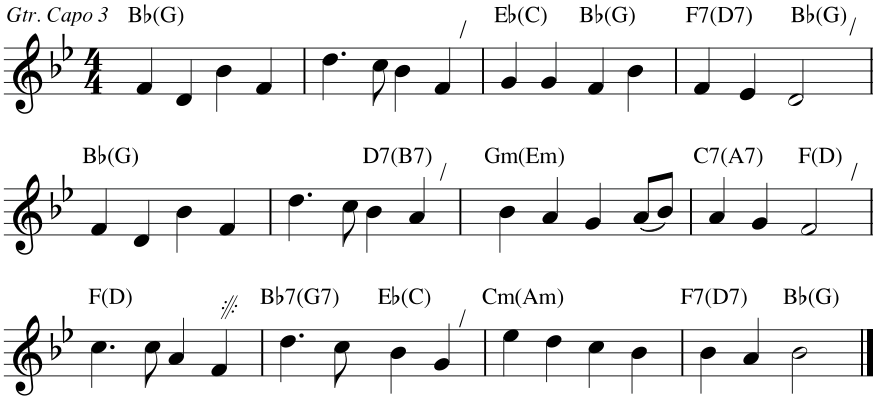
Presider Father of all
we give you thanks and praise
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.

All **Keep us in this hope that we have grasped;**
so we and all your children shall be free,
and the whole earth live to praise your name.

Notices

Hymn

TiS 142



1. Glory be to God the Father,
glory be to God the Son,
glory be to God the Spirit,
God almighty, Three in One!
Glory, glory, glory, glory
while eternal ages run.

2. Glory be to him who loved us,
washed us from each spot and stain;
glory be to him who bought us,
made us kings with him to reign;
glory, glory, glory, glory
to the Lamb that once was slain.

3. Glory to the king of angels,
   glory to the church's king,
   glory to the king of nations,
   heaven and earth, your praises
   bring;
   glory, glory, glory, glory
   to the King of Glory bring.

4. 'Glory, blessing, praise eternal!'
   thus the choir of angels sings;
   'Honour, riches, power, dominion!'
   thus its praise creation brings;
   glory, glory, glory, glory,
   glory to the King of kings!

Horatius Bonar 1808–89 *alt.*
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Blessing and sending out

Presider The peace of God which passes all understanding
keep your hearts and minds in the knowledge and love of God,
and of his Son, Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Server Go in peace to love and serve the Lord:

All **In the name of Christ. Amen.**

Postlude *Toccata* (Théodore Dubois)

Organist: Peter Hagen

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From your Vicar...

Dear friends,

During this week Anna and I joined a meeting with members of various different churches, marking one year since the release of the Yoorrook Justice Commission's report and recommendations. It was an opportunity to hear how the Church has responded so far, and to be reminded of what has been asked of us by First Nations people.

There are two recommendations from the Commission that relate to churches, both of them involving land granted by the Crown for church purposes, with little or no payment involved. Churches are urged to identify opportunities to return such land to Traditional Owners, or to share a portion of proceeds from the future sale of such land.

At the Yoorrook Justice Commission hearings last year, the Roman Catholic, Anglican and Uniting Churches were asked to appear because they were the principal beneficiaries of land grants and/or the principal operators of mission stations that caused much harm and loss. One year on, an informal group called "Christians for Yoorrook" asked each of these churches about their ongoing response to the Commission's recommendations.

In the Anglican Church, most of the Victorian dioceses responded to this request. These included mention of our own diocesan Sale of Property Policy, which prescribes that 15% of the sale of diocese owned property will be placed in a fund for Aboriginal ministry and reparation.

One of the responses summed up well the path of reconciliation and justice to which we are all called:

> We are acutely aware of how far we have yet to go as we journey towards true reconciliation – reconciliation that is the very heart of the gospel, and which is necessarily costly. At one level, no amount of land or money can ever atone for the 'original sins' of cultural genocide, and worse, which were perpetrated on mission stations. ... And yet contrition, humility, deep listening, and reparation are steps on the way towards a more just future: signs of that kingdom of radical inclusion and hope for which we are called to watch and wait and work.

With my prayers for our journey on that path to abundant life,
Chris

ANAM concerts

Two concerts are coming up in our church, featuring students and faculty from the Australian National Academy of Music:

Sunday 16 August at 2:30pm — Copland's Appalachian Spring, and chamber works by Strauss and Previn

Sunday 13 September at 2:30pm — Bach and Shostakovich featuring viola and string quartet

For more information and tickets, visit the concerts page on our website.

An afternoon with Archbishop Ric

Also on Sunday 16 August! For anyone from across the Diocese who would like to meet Archbishop Ric, hear something of his story and reflections, ask questions and share what is on their mind.

2:30-3:30pm on Sunday 16 August, at St Paul's Cathedral (refreshments to follow, prior to 4pm Evensong). See bit.ly/afternoonarchbishop

In this season

A new regular newsletter sharing stories, reflections, prayer and encouragement from across the Diocese of Melbourne. Stay connected to what God is doing across Melbourne and Geelong, and join in prayer for our life together. Sign up at bit.ly/inthisseasonnewsletter

Book exchange

Feel free to browse the books laid out on the bench behind the kitchen: you're welcome to take one, or two, to borrow, keep, or share with others. Different books are added regularly. If you have any spare books you may add these to the collection for others to enjoy.

Email updates

Each week the parish sends an email update looking ahead to the next Sunday. If you are not already receiving these emails, you are welcome to sign up on our website at www.parishoftheparks.com.au/subscribe

Looking ahead

19 September	Consecration of assistant bishops
4 October	Centenary service and celebratory lunch (with Archbishop Ric Thorpe)
18 October	Lay Deanery Evensong (with Bishop Megan Curlis-Gibson)
24 October	Sunday Suppers community celebration and fundraiser

For our prayers

The world and nation:
For the people of Iran; for peacekeepers, diplomats and negotiators.

The Church:

World Council of Churches:
The Church in Republic of Congo, Gabon, Sao Tome and Principe

Anglican Communion:
The Church of the Province of Uganda

Anglican Church in Australia:
Diocese of Adelaide (Archbishop Bradly Billings)

Diocese of Melbourne:
Abp Ric Thorpe, Bp Alison Taylor, Bp-elect Megan Curlis-Gibson; Archdeacons of Essendon, Maroondah, Williamstown, Dandenong, La Trobe, The Yarra

Our parish and community:
For those who come for Sunday Suppers and food parcels this weekend.

Those for whom prayers have been asked:
Owen, Chris R, Tim R, Judy D, Peter T, Dianne

Continuing prayers for: Diane, Joan, Hailey, Angie

The communion of saints:

Year's mind:

Ethel Comer	3 August 1983
Margaret Grey	August 2016
Paget Grey	6 August 2018

To add a name to the prayer list, for those needing prayers now (with their consent) or to be remembered on the anniversary of their death, please contact Rev'd Chris.

But now thus says the Lord,
he who created you, O Jacob,
he who formed you, O Israel:
Do not fear, for I have redeemed you;
I have called you by name, you are mine.
When you pass through the waters,
I will be with you;
and through the rivers,
they shall not overwhelm you.

Isaiah 43.1-2

Readings for next week (Eleventh Sunday after Pentecost):

Genesis 37.1-4, 12-28	Psalm 105.1-6, 16-22
Romans 10.4-15	Matthew 14.22-36

Giving to the parish

Financial giving, each of us as we are able, is part of our belonging to the church. Our members' regular giving supports the ministry of the parish and enables us to make our contribution to the diocese and wider church. There are several options for making your offering:

- Placing money in the offertory plate on Sundays
- Electronic Funds Transfer to the parish bank account
  Account name: Anglican Parish of the Parks
  BSB: 703 122 Account: 05009157
- Online at https://www.parishoftheparks.com.au/donationsbequests.html
  (You can give to either General Offertory, Sunday Suppers or the Music Program. Donations over $2 to Sunday Suppers and the Music Program are tax deductible, and you will be sent a receipt.)

Thank you – all our giving is part of sustaining the life of the parish.

Rosters	2 August	9 August
Welcomer	Marcia	Catherine
Servers	Scott, Gemma, Catherine	Geoff, Caitlin, Marcia
Readers	Peter Judy R	Anna Catherine
Intercessions	Marcia	Scott
Offertory	Marcia Anna	Catherine Vicki
Chalice	Michael Catherine	Geoff Marcia
Morning tea	Michael, Anna	Geoff, Marcia
Flowers	Kate	Sharon
Video livestream	Marcia	Robert
Side person	Marcia	Catherine
Emerald Hill pick-up	Michael	Marcia
Sunday Suppers	**Suppers** TL Gina, Amber, Sasha, Vicki, Thomas **Parcels** TL Rohan, Ann, Ed, & 1xTBC	TL Kate, Lesleyanne, Richard, Russell, Pearl

This week in our parish:

Sunday 2nd August
Tenth Sunday after Pentecost
9:30am Sung Eucharist
4:30pm Sunday Suppers & Food Parcels

Monday 3rd
9am Morning Prayer

Tuesday 4th
9am Morning Prayer

Wednesday 5th
8.30am Morning Prayer
11am Eucharist

Thursday 6th
Transfiguration of Our Lord
9am Morning Prayer

Saturday 8th
9am Morning Prayer

Sunday 9th
Eleventh Sunday after Pentecost
9:30am Sung Eucharist
11:15am Parish Council
4:30pm Sunday Suppers

Anglican Parish of the Parks

St Silas and St Anselm, Albert Park

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Churchwarden Marcia Fleet	0402 052 545 fleet@ihug.com.au
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Child Safe Officer see the Vicar	
Concerts & Events Lee Palmer	lprwise@hotmail.com
Sunday Suppers Program	sundaysuppers@parishoftheparks.org.au